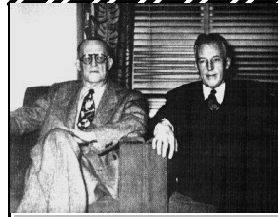


DISTRICT 13 AA NEWSLETTER



We are average Americans. All sections of this country and many of its occupations are represented, as well as many political, economic, social, and religious backgrounds. We are people who normally would not mix. But there exists among us a fellowship, a friendliness, and an understanding which is indescribably wonderful. We are like the passengers of a great liner the moment after rescue from shipwreck when camaraderie, joyousness and democracy pervade the vessel from steerage to Captain's table.
-Big Book, chapter 2

**First Quarter
two thousand-
eleven**



*When anyone,
anywhere reaches
out for help, I
want the hand of
AA to always be
there.*

if you would like
to contribute to
this publication
please submit by
e-mail to:
dis13aanews@
gmail.

Welcome to our new District Reps:

DCM: Beth F.
Alt. DCM: Jim D.
Secretary: Marika
Treasurer: Jean H.
Activities: Pat G.
Archives: Tom F.
Literature: Tim H.

Newsletter:

Melissa M.

CPC: Alf

Grapevine:

Lindsey

Treatment:

Theresa

**YOU DO NOT
HAVE TO BE "ON
DISTRICT" TO
ATTEND A
MEETING,
VISITORS ARE
ALWAYS
WELCOME!**

Check out the
dates/ locations
for the meetings
on the intergroup
website seen
below!

DCM REPORT

Happy New Year everyone!! I'd like to thank you for this exciting and challenging opportunity to serve alongside the groups in District 13. To further carry the message of Alcoholics Anonymous.

The Area 24 Committee meeting was held in Marshalltown on Jan 8th and 9th to introduce our new delegate, incoming chairs for Area 24 and to allow GSR's and DCM's to meet one another. Everyone had a splendid time with 19/22 districts present. These mtgs. are open to all AA members, so if anyone has a desire to serve our area, please let me know and I can give you more information.



*< This artwork
was done by a
local member,
Jim D. It is an
amazing tribute
to one of IC's
oldest and most
recognized
meeting Houses.*

The Common Solution Group, of IC is always looking for speakers for the Wednesday night meeting at Mecca! If you would like to share your experience, strength and hope...Please contact

JEAN H. @ 319.330.5133

IOWA CITY INTERGROUP

MEETS @ 10:30 AM ON THE FIRST SATURDAY OF THE MONTH @ UPTOWN BILLS, 730 S.

DUBUQUE ST, IC! Check out www.aa-ic.org or...

STOP BY AND SEE HOW YOU CAN BE OF SERVICE!

...We aren't a glum lot...

DISTRICT 13 AA NEWSLETTER

SAVE A TREE!

Subscribe to The Grapevine online!

<http://www.aagrapevine.org>

You can join the e-newsletter



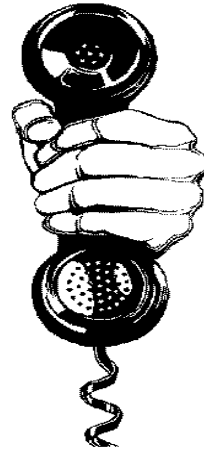
updates, or listen
to stories from the gr.
online!

SECOND SUNDAY AMANA SPEAKER MEETING



Ronneburg Restaurant
Amana, Iowa

8:00 am Breakfast
9:00 am Speaker



***Don't let the most
important call of
someones life go
unanswered.***

***Volunteer to take part in
the Intergroup answering
service!***

***Please contact Ann T.@
319.621.4041***

Want to share your Experience, Strength, and Hope?

Submit your personal story to
dis13aanews@gmail.com for
possible publication in the next
newsletter! Please keep it to 400
characters or less. *We look forward
to hearing your story of recovery!*

**View a meeting
schedule online @
<http://www.aa-ic.org/>**

***This newsletter is a publication of
district 13, AA. It does not
represent AA as a whole nor any of***

...We aren't a glum lot...

DISTRICT 13 AA NEWSLETTER



The Family Afterward Winter Games

Saturday, February 5th, 2011
Join us for an evening of fellowship, fun and games!



Our Redeemer Lutheran Church
(At the corner of 1st Ave and Court St, Iowa City, IA)

5:00 - 5:30pm	Fellowship
5:30 - 7:00pm	Potluck (bring a dish to share!)
7:00 - 8:00pm	Meeting (speakers TBA)
8:00 - 10:00pm	Games!

co-sponsored by AA (MidWest Group Sunday Night 7:00pm) and Al-Anon (Mercy Hospital Sunday Night 7:00pm)

Get outside of yourself and get involved!

"Drinking isolates most homes from the outside world."

Big Book pg. 131

There are many great opportunities to be of service in your town!

"He too, has become a respected and useful member of his community."

Big Book pg. 158

If you would like some ideas on what you can do contact us!

HAVE THE NEED TO READ???

AA approved literature is available for groups and individuals! Pamphlets, Big Books, Living Sober...

Ask your groups GSR to place an order today!

...We aren't a glum lot...

DISTRICT 13 AA NEWSLETTER

DEM REPORT CONT..

Our 2011 Spring Assembly will be held in Waterloo @ the 5 Sullivan Brothers Convention Center/Ramada
 Agenda items for the General Service Conference in New York have been selected. **The AA Member-Medications and Other Drugs** pamphlet revision is one such time. Background information will be available in mid February for anyone interested in this topic.
 There will be a West Regional Forum in Minnesota on March 4 through 6th. Flyers are available. For more information, Please visit AA.org-Area 24 and click on upcoming events.

Our Area archives are being moved to Marshalltown with a better rate on storage. If you are interested in the history of AA in our state, the archives are a wonderful resource.

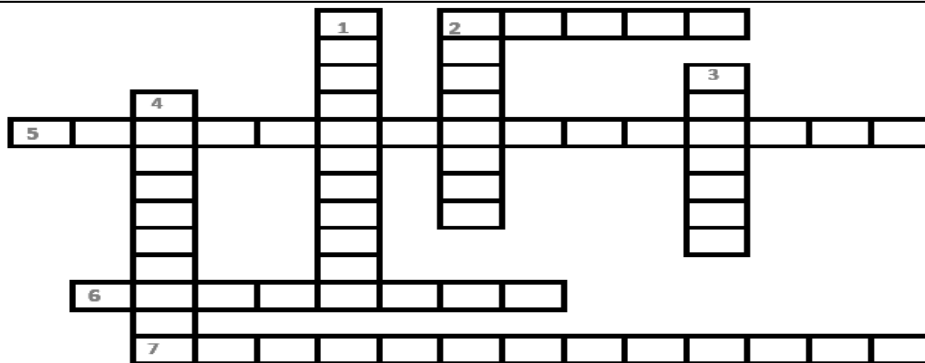
The Grapevine is hoping to get this information included on page 576 of the Big Book.

Our area literature chair shared that there is now a Living Sober edition translated in Croatian.

If anyone would like a subscription to the Area 24 Newsletter, there are forms available. I will make copies of the newsletter when I receive them for district meetings to have available for GSR's to take to their groups. I am looking forward to getting to know all of you! Feel free to contact me with any concerns or questions. Thank you! Beth F.

Here's What's Goin' On!

- "The Family Afterward", Winter Games Saturday Feb. 5th, 5pm. @ Our Redeemer Church. Iowa City
- 47th Annual International Women's Conference to be held February 10-13th, Anchorage, Alaska
- 17th Annual Cedar River Roundup, Feb. 18th-19th. @ Marriott Hotel, Cedar Rapids
- General Service Weekend, March 19th-20th @ Best Western Regency, Marshalltown
- 2011 West Central Region AA Service Conference, March 4-6,. @ Grand View Lodge, Nisswa, MN.
- "Aim for Ames" Roundup, March 25th-27th. @ Quality Inn & Suites- East 13th st & I 35
- Spring Assembly, June 10th-12th, @ Ramada/Five Sullivan, Waterloo
- Area Committee Meeting, August 14th. @ Best Western Regency, Marshalltown
- Area 24 2011 Fall Conference, Oct. 7th-9th. @ Ramada Inn, Des Moines



"Feeling Not So Cross"- Word

CLUES ACROSS:

- 2 .Our experience strength and hope.
- 5. The Big Books little helper.
- 6. We of AA have seen this problem solved.
- 7. Spiritual metamorphosis

CLUES DOWN:

- 1. Of my understanding.
- 2. Peace of mind and soul.
- 3. We will know this and a new happiness.
- 4. Here, you will find release from care, boredom, and worry.

...We aren't a glum lot...